

National Colorectal Cancer Awareness Month

The truth is you're never too young
and it's on the rise in those under age 50



1 in **10** are diagnosed **before age 50**

What are the warning signs?

- Anemia
- Rectal bleeding, dark or black stool
- Change in bowel habits
- Diarrhea and/or constipation
- Narrowing of stool
- Persistent abdominal discomfort (cramps, gas, pain, or feeling bloated)
- Unexplained weight loss
- Weakness or fatigue
- Nausea or vomiting
- If you have Crohn's, Colitis or IBS, you are at a higher risk

Talk to your provider about your risk and colorectal screening.

Source: The Colorectal Cancer Alliance

